

# PILATES UNLIMITED CLASS SCHEDULE ~ 2017 SUMMER

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	MON	TUES	WED	THURS	FRI	SAT	SUN
7:00 am			<b>REFORMER:</b> All Levels				
9:30 am		<b>SDG</b>		<b>SDG</b>		<b>SDG</b>	
10:30 am						<b>REFORMER:</b> All Levels	
11:00 am	<b>REFORMER:</b> All Levels		<b>REFORMER:</b> All Levels		<b>REFORMER:</b> All Levels		
11:30 am	<b>PRIVATE SESSIONS AVAILABLE 7 DAYS A WEEK!</b>					<b>REFORMER PROGRESSIVE**</b> Beginner Series July 8 - Aug 26	
5:00 pm	<b>SDG</b>			<b>SDG</b>			
6:00 pm		<b>REFORMER:</b> Advanced	<b>REFORMER:</b> Beginner	<b>REFORMER</b> All Levels			
7:00 pm	<b>REFORMER:</b> All Levels	<b>REFORMER:</b> All Levels	<b>REFORMER:</b> Intermediate				
8 pm	<b>REFORMER PROGRESSIVE*</b> Beginner Series Jul 10 - Aug 28 no class Aug 7		<b>REFORMER:</b> All Levels				

**SDG: Self Directed Group**  
Instructor supervised self-directed equipment classes. Work on your own program at your pace. Must have a minimum of 5 Privates

**\*Registered Series\***

Reformer: \*7 classes for \$175+GST  
\*\*8 classes for \$200+GST

**Register for a series to guarantee your spot, build strength over a progressive weekly commitment while saving money!**

**Purchase a class card and get the flexibility to attend classes when you are available!**

**Private Sessions Specials:**

5 Privates: \$425 (new clients only, 1 month expiry)  
Junior Instructor Privates: \$59!

**Class Card:**

Single Matwork class \$25  
Single Equipment class \$32  
5 Class Pkg (1 month expiry): \$149  
10 Class Pkg (3 month expiry): \$289  
15 Class Pkg (3 month expiry): \$399  
20 Class Pkg (3 month expiry): \$499

**All prices add GST**  
**Classes are 55 minutes**  
**Cancellation policy: We require 24 hours notice for drop-in classes & 3 business days for our pre-registered progressive series or sessions will be charged in full.**  
**No make-ups on missed classes.**

Call or email Reception to book your spot.  
Class sizes are small, space is limited.